



DYNAMIC

MAG CALM PRO

A Delicious Drink that Supports Healthy Stress and Relaxation*

RASPBERRY LEMON

Dynamic Mag Calm Pro supports healthy stress management, relaxation, and healthy cognitive function.* The highly bioavailable ingredients in Dynamic Mag Calm Pro support a healthy stress response by promoting healthy inflammatory markers and healthy neurotransmitters.*

Key benefits and quality differences of Dynamic Mag Calm Pro include:

- Promotes healthy stress response*
- Promotes healthy inflammatory markers*
- Supports healthy cognitive function*
- Supports healthy neurotransmitters*
- Promotes healthy moods*
- Powerful antioxidant support*
- Promotes cellular health*

How Dynamic Mag Calm Pro Works

At the core of the Dynamic Mag Calm Pro formula is vitamin B6 in its active form as pyridoxal-5-phosphate and dimagnesium malate, a chelated form of magnesium bound to malic acid. These two vital nutrients are enhanced with the addition of myo-inositol and the amino acids taurine and L-theanine (as Suntheanine®) to the formula.

Vitamin B6 performs several vital functions in the body related to supporting healthy stress response.*^{1,2} It is involved in the synthesis of the neurotransmitters serotonin, dopamine, gamma-aminobutyric acid, and norepinephrine, all of which help to support healthy moods and cognitive function.*^{3,4}

When dimagnesium malate is consumed, it breaks down in the digestive tract where it releases magnesium ions and is absorbed and utilized for supporting healthy stress response throughout the body.*⁵ Dimagnesium malate is important for healthy nerve function, promoting healthy moods, and supporting healthy cognitive function.*^{6,7}

Myo-inositol helps supply the body with the cellular energy needed to function.* It is a component of phosphatidylinositol (PI), a phospholipid that makes up a significant portion of the cellular membrane and its subsequent actions in forming other signaling molecules involved in healthy cognitive functioning.*⁸ Myo-inositol is also involved in the synthesis of the neurotransmitters serotonin and dopamine needed to help support vitamin B6 in promoting healthy moods.*^{9,10}



For more information, visit: www.nutridyn.com

Studies on taurine have shown its ability to promote cognitive function in multiple ways.♦ Taurine is involved in the synthesis of the neurotransmitters dopamine, gamma-aminobutyric acid, and glutamate while supporting healthy calcium levels in the brain needed for neurotransmitter release and signaling.♦^{11,12,13} Through its antioxidant properties, it promotes healthy inflammatory markers, healthy oxidative stress response, and supports energy metabolism.♦^{14,15}

The formula is rounded out with Suntheanine®, a patented form of L-theanine with numerous research studies focused on its ability to promote cognitive function, support healthy moods, and promote relaxation.♦^{16,17} It works by increasing alpha brain wave activity, which is associated with a state of relaxed alertness.♦¹⁸ Suntheanine® also helps to promote healthy levels of the neurotransmitters dopamine and serotonin needed for healthy moods.♦¹⁹

Why Use Dynamic Mag Calm Pro?

Dynamic Mag Calm Pro contains highly bioavailable vitamins, minerals, and amino acids with multiple mechanisms of action to support healthy cognitive function.♦ By promoting healthy inflammatory markers and neurotransmitters, Dynamic Mag Calm Pro plays a crucial role in supporting healthy stress response and increasing relaxation.♦

References:

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Supplement Facts

Serving Size: About 1 Scoop

Servings Per Container: 60

Ingredients:	Amount	%DV*
Vitamin B6 (as pyridoxal-5-phosphate)	5 mg	294%
Magnesium (as dimagnesium malate)	200 mg	48%
Myo-Inositol	2 g	**
Taurine	500 mg	**
L-Theanine (Suntheanine®)	100 mg	**

Other Ingredients: Silica, Natural Flavors, Monk Fruit Extract.

Suntheanine® is a registered trademark of Taiyo International, Inc.

Directions: Mix 1 scoop with 6 ounces of water 1-2 times daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



NON-GMO



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com