



# Ganoderma Plus

Nutritional Support for  
Healthy Liver Function\*

NutriDyn Ganoderma Plus is a unique formula that provides extracts of *Ganoderma lucidum* for supporting liver and immune system function.\* *Ganoderma lucidum* is a large, tough mushroom that has been used for centuries in Traditional Chinese Medicine as an herbal remedy.

Read on to learn more about the bioactive compounds in Ganoderma Plus and how they work in the body to support healthy liver and immune function.\*

## How Ganoderma Plus Works

There are several species of Ganoderma fungi, however the vast majority of the research done on this mushroom's beneficial impact has been performed using *Ganoderma lucidum* (the form found in Ganoderma Plus). Findings thus far suggest that extracts of *G. lucidum* have immunomodulatory effects and help support the liver.\*<sup>1</sup>

It appears the primary compounds that are responsible for these effects are proteins and triterpenes, especially ganodermic acids.<sup>2</sup> Research demonstrates that ganodermic acids have a beneficial effect on the immune system and promote a healthy response.\*<sup>3</sup> The unique proteins found in *G. lucidum* have also been shown to have healthy liver-promoting properties by supporting healthy levels of oxidative stress.\*<sup>4</sup>

## Ganoderma Plus Supplementation

Given the importance of the nutrients found in Ganoderma Plus for supporting overall liver function, supplementation can help users in a variety of ways.\* The most relevant research-backed benefits derived from supplementation with Ganoderma Plus include:

- Supports healthy liver function\*
- Supports healthy immune function\*
- Supports healthy blood lipid profiles\*<sup>5</sup>



Form: 90 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Organic Reishi ( <i>Ganoderma lucidum</i> ) Mushroom Extract 4:1	250 mg	**
Reishi ( <i>Ganoderma lucidum</i> ) Spore Powder	250 mg	**

### Ingredients:

Hypromellose, dicalcium phosphate dihydrate, vegetable magnesium stearate, silica.

### Directions:

Take one capsule two to three times daily as a dietary supplement, or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A  
cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

#### References:

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3. Khoda, H., Tokumoto, W., Sakamoto, K., Fujii, M., Hirai, Y., Tamasaki, K., Komoda, Y., Nakamura, H., Ishihara, S. & Uchida, M. (1985). The biologically active constituents of *Ganoderma lucidum* (Fr.) Karst. histamine release-inhibitory triterpenes. *Chemical and Pharmaceutical Bulletin*, 33: 1367-1374
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