



# Herbal Eze

Herbal Relief for Minor Discomfort\*

Herbal Eze is an all-natural dietary supplement formulated with highly-potent, patented extracts of ginger root, turmeric root, Boswellia gum, and black pepper fruit. These herbal extracts work in concert to help support immune function, ease stress, support minor joint discomfort, and provide a variety of other health benefits.\*

Many herbal supplement manufacturers source their raw materials from companies who do very little to regulate or test their ingredients, leading to impotent products. With Herbal Eze, you're getting Curcumin C3 Complex®, 5-LOXIN®, and Bioperine®, each of which are rigorously tested for purity and standardized to high potency of active ingredients; this makes for a product that is consistent and free from impurities.

Read on to learn how the ingredients in Herbal Eze work synergistically to support overall health and longevity.\*

## How Herbal Eze Works

Turmeric, a perennial plant belonging to the ginger family, gives curry dishes their distinctive spicy taste and golden color. The root of the plant has been used in traditional medicine throughout Asia for thousands of years as it contains therapeutic compounds called curcuminoids. Curcuminoids, especially curcumin, act as antioxidants and support the immune system.\*<sup>1</sup> Research also suggests that curcumin can help maintain healthy circulation and support mild joint discomfort, among a myriad other beneficial health properties.\*<sup>2</sup>

Continuing on, ginger is a flowering plant that has also been used in traditional medicine throughout history as a means of aiding digestion, reducing nausea, and supporting immune function.\*<sup>3</sup> Ginger contains fragrant polyphenols called gingerols that have been shown to have antioxidant, blood sugar-regulating, and discomfort-supporting roles in the body.\*<sup>3</sup>

Moreover, Boswellia is a genus of trees known for its gum resin that has many therapeutic properties. 5-LOXIN® is a patented extract of *Boswellia serrata* containing 30% boswellic acids in the form of acetyl-11-keto-beta-boswellic-acid (AKBA). AKBA is the most bioactive fraction of Boswellia in the body, and is renowned for its role in supporting joint integrity, and well-being.\*<sup>4,5</sup>

Lastly, the Herbal Eze formula is rounded out with Bioperine® black pepper fruit extract. This ingredient significantly enhances the intestinal absorption of the aforementioned herbal extracts, making their effectiveness greater.\*<sup>6</sup> Bioperine® is imperative to the Herbal Eze formula as turmeric root and ginger root tend to be poorly absorbed on their own.

## Herbal Eze Supplementation

In summary, clinical research suggests the benefits of Herbal Eze supplementation may include:

- Help with minor discomfort \*
- Support the immune system \*
- Support proper stress management and relaxation \*
- Help maintain digestive function \*



Form: 90 Capsules

Serving Size: 3 Capsules

Ingredients	Amount	%DV
Ginger ( <i>Zingiber officinale</i> ) Root Extract Powder [standardized to 5% gingerols and shogaols]	900 mg	*
Turmeric ( <i>Curcuma longa</i> ) Root Extract <sup>†</sup> [standardized to 95% curcuminoids]	500 mg	*
Boswellia ( <i>Boswellia serrata</i> ) Gum Extract <sup>††</sup> [standardized to 30% acetyl-11-keto-beta-boswellic acid (AKBA)]	250 mg	*
Black Pepper ( <i>Piper nigrum L</i> ) Fruit Extract <sup>†††</sup> [standardized to 95% piperine]	5.3 mg	*

### Other Ingredients:

Vegetable capsule, magnesium stearate, silicon dioxide.

<sup>†</sup> as Curcumin C3 Complex®

<sup>††</sup> as 5-LOXIN® a registered trademark of PL Thomas & Co. Inc. International patents pending.

<sup>†††</sup> as Bioperine®

### Directions:

Adults take three capsules daily as a dietary supplement, or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A  
cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## References:

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