



# L-Glutathione

Featuring Setria® Glutathione  
Immune and Detox Support\*

NutriDyn's L-Glutathione supports the body's natural defense system with patented Setria® glutathione to support healthy immune function, promote detoxification, and encourage healthy oxidative stress response.\*<sup>1,2</sup>

The body produces its own glutathione, but poor diet, stress, pollution, toxins, and aging may deplete the body's reserves. Supplementation can help support antioxidant activities by promoting healthy oxidative stress response.\*<sup>2,3,4</sup> Glutathione is considered the body's master antioxidant and is key to supporting a healthy immune system.\*<sup>1</sup>

## How L-Glutathione Works

L-Glutathione provides cellular protection from oxidative stress that may otherwise adversely affect the immune system and detoxification pathways.\*<sup>5,6</sup> It helps to regenerate additional antioxidants by binding to and stabilizing free radicals caused by poor lifestyle choices and environmental toxins.\*<sup>7,8,9</sup>

L-Glutathione further supports the body's detoxification pathways by promoting healthy function of the liver, kidneys, gastrointestinal tract, and intestines.\*<sup>5,10,11</sup> As the body's master antioxidant, glutathione supports healthy detoxification by encouraging elimination of already absorbed toxins and neutralizing new toxins in the gastrointestinal tract before they can be absorbed.\*<sup>12,13</sup>

A healthy immune system requires the proper functioning of T cell lymphocytes and NK cellular activity.\*<sup>14,15</sup> Results of a long-term, randomized, double-blinded, placebo-controlled human clinical trial show that Setria® glutathione supports enhanced immune cell function and promotes increased blood levels of glutathione beginning at one month of supplementation.\*<sup>16</sup>

Other clinical studies have shown that promoting healthy glutathione production supports healthy oxidative stress response, which in turn promotes healthy aging.\*<sup>17,18</sup> Additional studies show that the cellular regeneration activity spurred by increased glutathione levels has a positive effect on aging populations' physical and mental health.\*<sup>19</sup>

## L-Glutathione Supplementation

Clinical evidence and research cited herein shows that the ingredients in L-Glutathione may:

- Support healthy immune function\*
- Promote healthy detoxification\*
- Promote healthy oxidative stress response\*
- Promote healthy aging\*



Form: 60 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
L-Glutathione (reduced) (Setria®)	250 mg	*

### Other Ingredients:

Hypromellose, microcrystalline cellulose, vegetable magnesium stearate, silica.

Setria® is a registered trademark of Kyowa Hakko Bio Co., Ltd.

### Directions:

Take one capsule twice daily or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A  
cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## References:

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