



# Lipo-Flow

Support for Healthy Fat Metabolism\*

Lipo-Flow helps support healthy fat metabolism through its specialized blend of lipotropic compounds such as choline, inositol, and methionine.\* These compounds support the breakdown of fat to promote healthy fat metabolism by the liver, promote the removal of metabolic waste, and absorb fats by supporting healthy bile levels.\* Without lipotropic compounds, fat and bile can become trapped in the liver, impacting proper metabolism.\*<sup>1,2,3,4</sup>

## How Lipo-Flow Works

The choline in Lipo-Flow promotes cellular membrane structure and healthy trans-membrane signaling.\*<sup>1,2</sup> Choline supports healthy fat metabolism through these cellular processes.\*<sup>2</sup> Choline also works in conjunction with inositol to metabolize fat.\*<sup>2,3</sup> Methionine is an essential amino acid needed to produce choline, and it supports taurine synthesis, another amino acid involved in healthy fat metabolism.\*<sup>4,5</sup>

Lipo-Flow provides choleric and cholagogue gastrointestinal agents.\* Choleric agents increase the volume of bile produced by the liver to absorb dietary fats in the small intestine. Cholagogue agents promote the healthy flow of bile from the liver and gall bladder into the intestines and eventually, the bowel for excretion from the body.\*

The formula is complemented with several flavonoids to promote healthy cell-signaling and further support fat metabolism.\*<sup>6,7,8,9,10</sup> Artichoke extract and beetroot powder have choleric and cholagogue properties. Dandelion root powder, tangerine extract, and gentian extract have cholagogue properties. All support healthy lipid oxidation and promote healthy inflammatory markers that positively impact fat accumulation in the liver.\*<sup>6,7,8,9,10</sup>

## Lipo-Flow Supplementation

The ingredients in Lipo-Flow are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting healthy fat metabolism.\*

Clinical evidence and research cited herein show that the ingredients in Lipo-Flow may:

- Support healthy fat metabolism\*
- Promote healthy liver function\*
- Promote healthy bile processes\*
- Promote cellular efficiency\*
- Support cell membrane integrity\*



Form: 180 Tablets

Serving Size: 2 Tablets

Ingredients	Amount	%DV
Choline (as choline bitartrate)	300 mg	55%
Artichoke Extract (leaf; <i>Cynara scolymus</i> )	400 mg	**
Dandelion Extract (root; <i>Taraxacum officinale</i> )	250 mg	**
Beet Powder (root; <i>Beta vulgaris</i> )	200 mg	**
Inositol	150 mg	**
Tangerine Extract (peel; <i>Citrus reticulata</i> )	100 mg	**
Gentian Extract (root; <i>Gentiana scabra</i> )	100 mg	**
Taurine	100 mg	**
L-Methionine	100 mg	**

### Other Ingredients:

Dicalcium phosphate, microcrystalline cellulose, vegetable stearic acid, croscarmellose sodium, hypromellose, vegetable magnesium stearate, silica, Opadry® Nutrapure™ certified organic coating.

### Directions:

Take two tablets with a meal three times daily or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## References:

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