



Saccharomyces Boulardii

Support for a Healthy
Intestinal Flora Balance*

NutriDyn *Saccharomyces boulardii* is a probiotic supplement made with a gut-supporting and heavily researched yeast strain known as *Saccharomyces boulardii*.*

Contemporary clinical research demonstrates the proclivity of probiotics and healthy gut flora to support a healthy human gastrointestinal (GI) tract.* Moreover, research reveals that probiotics can support the immune system, promote healthy hormone functions, and even support healthy body mass.*^{1,2,3}

Better yet, NutriDyn *Saccharomyces Boulardii* is dairy-free, gluten-free, non-GMO, vegetarian-friendly, and is manufactured with 5 billion viable cells.

How *Saccharomyces boulardii* Works

Saccharomyces boulardii is a nonpathogenic yeast strain that, when lyophilized, readily colonizes the gut and resists bile salts (which is crucial since it needs to get past some very harsh digestion). In contrast to bacteria, which comprise more than 99% of human flora, yeast accounts for less than 1%. Nonetheless, *Saccharomyces boulardii* is a particularly beneficial yeast (and it's antibiotic-resistant, unlike bacteria).*

Moreover, a contemporary meta-analysis suggests that *Saccharomyces boulardii* supports gastrointestinal integrity by promoting healthy inflammatory responses in the intestines and colon of humans.*⁴

Saccharomyces boulardii Supplementation

NutriDyn *Saccharomyces boulardii* contains one of the most studied yeast strains, with clinical evidence suggesting it acts as a beneficial probiotic in a variety of ways, including:

- Support for a healthy gut microbiome*
- Supports a healthy inflammatory response*
- Supports immune function*
- Manufactured with 5 billion active *Saccharomyces boulardii* cells



Form: 60 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
<i>Saccharomyces boulardii</i>	5 Billion CFU†	*

Other Ingredients:

Microcrystalline cellulose, hypromellose, vegetable magnesium stearate, silicon dioxide.

† At time of manufacture

Directions:

Take one capsule twice daily as a dietary supplement, or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References:

1. Turnbaugh, P. J., & Gordon, J. I. (2009). The core gut microbiome, energy balance and obesity. *The Journal of physiology*, 587(17), 4153-4158.
2. Evans, J. M., Morris, L. S., & Marchesi, J. R. (2013). The gut microbiome: the role of a virtual organ in the endocrinology of the host. *Journal of Endocrinology*, 218(3), R37-R47.
3. Kau, A. L., Ahern, P. P., Griffin, N. W., Goodman, A. L., & Gordon, J. I. (2011). Human nutrition, the gut microbiome and the immune system. *Nature*, 474(7351), 327-336.
4. McFarland, L. V. (2010). Systematic review and meta-analysis of *Saccharomyces boulardii* in adult patients. *World journal of gastroenterology: WJG*, 16(18), 2202.