



# Testro Balance

## Micronutrient and Herbal Support for Healthy Testosterone Balance\*

Testro Balance is an evidence-based formula providing highly bioavailable micronutrients, polyphenols, phytosterols, and key herbal extracts that help support testosterone and androgen balance in the body.\* Proper testosterone balance is key for supporting healthy mood, libido, vitality, energy levels, reproductive processes, and a multitude of other functions in the body.\*

Low testosterone (and sex hormone imbalances) may bring about a variety of health issues, such as mood swings, lack of motivation, general fatigue, brain fog, and low libido. Testro Balance is formulated to provide the right nutrients for supporting healthy testosterone/androgen metabolism and balance.\*

### How Testro Balance Works

Testosterone is the primary androgen (male sex hormone) in humans. As men age past their 30s, testosterone production tends to decline naturally, which can result in a lower quality of life if levels drop significantly. Testro Balance features a carefully crafted spectrum of essential bioavailable micronutrients, phytosterols, polyphenols, and key herbal extracts that can help support testosterone balance and endocrine function.\*

#### Testosterone Supporting Herbal Extracts and Soybean Extract

Testro Balance contains soybean extract, turmeric root extract, olive leaf extract, and green tea leaf extract for supporting testosterone balance and endocrine function.\* Research suggests that the isoflavones, catechins, curcuminoids, and oleanolic acid in these herbal extracts support testosterone balance by acting on enzymes in the body that help metabolize androgens.\*<sup>1,2,3,4,5</sup>

These extracts contain compounds that are also well-known for supporting human health and longevity, particularly by encouraging healthy cardiovascular and immune function.\*<sup>6,7</sup>

#### Polyphenols, Betaine, & Phytosterols

Flaxseed lignans, betaine, and phytosterols in Testro Balance work synergistically with the herbal extracts to promote a healthy balance of testosterone and testosterone precursors, such as dehydroepiandrosterone (DHEA).<sup>8,9</sup>

#### Bioavailable Micronutrients

Testro Balance is rounded out with a comprehensive blend of testosterone-supporting bioavailable micronutrients, such as lycopene, zinc citrate, selenomethionine, and cholecalciferol (vitamin D3).<sup>10,11</sup> These micronutrients also work throughout the body in a myriad of metabolic processes, being particularly crucial for healthy immune, prostate, and cardiovascular function.\*<sup>12,13</sup>

### Testro Balance Supplementation

Testro Balance is a comprehensive nutritional supplement for those looking to support their testosterone balance and endocrine function with evidence-based herbal extracts, phytosterols, polyphenols, and micronutrients.\* Benefits of Testro Balance may include:

- Support for Healthy Testosterone & Androgen Balance\*
- Support for Healthy Endocrine Function\*
- Provides a High Antioxidant Capacity\*



Form: 60 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Vitamin D3 (as cholecalciferol)	9.38 mcg	47%
Vitamin B6 (as pyridoxal 5'-phosphate)	15 mg	882%
Folate (as calcium L-5-methyl-tetrahydrofolate) (BioFolate®)	333 mcg DFE	83%
Vitamin B12 (as methylcobalamin)	15 mcg	625%
Zinc (as zinc citrate)	2.5 mg	22%
Selenium (as L-selenomethionine)	100 mcg	182%
Green Tea Extract (leaf; <i>Camellia sinensis</i> ; standardized to 98% polyphenols, 75% catechins, and 45% EGCG)	167 mg	**
Turmeric Extract (root; <i>Curcuma longa</i> ; standardized to 95% curcuminoids)	79 mg	**
Soybean Extract (standardized to 40% isoflavones)	62.5 mg	**
Phytosterols (containing 40% beta-sitosterol and other plant sterols)	50 mg	**
Betaine (as betaine HCl)	37.5 mg	**
Flax Seed Lignans (from flaxseed extract; seed; <i>Linum usitatissimum</i> )	25 mg	**
Olive Extract (leaf; <i>Olea europaea</i> ; standardized to 15% oleuropein)	5 mg	**
Lycopene	5 mg	**

#### Other Ingredients:

Hypromellose, vegetable magnesium stearate, silica.

#### Contains: Soy.

BioFolate® is a federally registered trademark of MTC Industries, Inc.

#### Directions:

Take one capsule daily with food or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE DAIRY-FREE NON-GMO PRODUCED IN A cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## References:

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