NutriDyn®

UltraBiotic
Daily Multi-Strain

Multi-Strain Probiotic Blend
for a Healthy Gut Microbiome♦

PRACTITIONER EXCLUSIVE

UltraBiotic Daily Multi-Strain Supplementation

UltraBiotic Daily Multi-Strain is one of the most comprehensive probiotic supplements on the market, featuring a seven-strain blend of "friendly" microbial organisms (known as probiotics).♦

Clinical research continues to demonstrate the proclivity of the probiotics in UltraBiotic Daily Multi-Strain to support a healthy human gastrointestinal (GI) tract and gut flora.♦[1] Moreover, a growing body of evidence suggests that these probiotics support the immune system, promote healthy hormone functions, aid nutrient digestion, and even support healthy body mass.♦[2,3,4] These tiny life-forms also encourage healthy neurotransmitter production, which has an impact on how we feel and think throughout the day.♦[5]

UltraBiotic Daily Multi-Strain contains some of the most embraced probiotic strains for human wellness, with clinical evidence suggesting these beneficial microorganisms may:

- Support a healthy gut microbiome♦
- Aid macronutrient and micronutrient digestion♦
- Support a healthy inflammatory response♦
- Support healthy immune function♦
- Promote healthy bowel function♦

How UltraBiotic Daily Multi-Strain Works

To promote gut health and overall wellness, UltraBiotic Daily Multi-Strain contains 30 billion colony-forming units (CFU) of a potent seven-strain blend of beneficial probiotics per serving.♦

Lactobacillus acidophilus

L. acidophilus is a beneficial lactic acid bacteria strain often used to promote and support a healthy gut microbe balance, thus supporting the digestion of simple sugars and other tough-to-digest nutrients.♦[6]

This strain has been shown in numerous clinical trials to help relieve the symptoms of GI discomfort, especially bloating, flatulence, and loose stool.♦[7,8,9] Several studies have also found that *L. acidophilus* shortens colon transit time and may activate certain receptors that ease colon discomfort associated with constipation.♦[10,11,12]

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Bifidobacterium lactis

B. lactis is a bacterial species that readily resists bile salts and acidic conditions (meaning it is able to withstand the harsh digestive environment of the human gut).[13] Like *Lactobacilli*, *Bifidobacteria* aid in the digestion of lactose and are critical for producing B vitamins, which serve a myriad of vital roles in the body.♦[14]

B. lactis is one of the most promising probiotic strains for supporting healthy immune response. A recent well-designed study including 465 healthy adults compared the effects of two probiotic supplements on the risk of colds and respiratory infections, one containing *B. lactis* plus *L. acidophilus* and one containing *B. lactis*.

Throughout the trial period, adults receiving the *B. lactis* plus *L. acidophilus* probiotic supplement had a significantly lower risk of contracting an upper respiratory tract infection (URTI) and those taking the *B. lactis* probiotic supplement were even less likely to contract a URTI.[15]

Another study in 37 elderly subjects showed similar results, with the researchers finding beneficial effects of *B. lactis* on immune responses of the participants.♦[16] Further research shows that *B. lactis* strains can help balance a healthy gut flora.♦[17]

Lactobacillus plantarum & Lactobacillus gasseri

L. plantarum helps promote a healthy gastrointestinal tract environment and support mineral absorption.♦

A well-controlled study in 24 healthy women showed that *L. plantarum* supplementation increased iron absorption by 80% when consumed with a meal containing high amounts of phytic acid (a compound that hinders iron absorption).[18] *L. plantarum* appears to expose iron molecules to the intestinal lining for an extended duration, thereby increasing intestinal absorption.♦

L. gasseri works in a similar fashion as *L. plantarum* to aid digestion of both macronutrients and micronutrients.♦

Bacillus coagulans

B. coagulans is an integral bacterium in human flora and is particularly important for digestion.♦ It also appears to work in conjunction with other strains to support healthy bacteria.♦

Saccharomyces boulardii

Saccharomyces boulardii is a nonpathogenic yeast strain. A contemporary meta-analysis contends that *Saccharomyces boulardii* supports gastrointestinal integrity by promoting healthy inflammatory responses in the intestines and colon of humans.♦[19]

Supplement Facts

Form: 30/60 Capsules

Serving Size: 1 Capsule

Ingredients:	Amount	%DV
Saccharomyces boulardii Lynside®††	5 Billion CFU†	*
Lactobacillus reuteri LRC®†††	5 Billion CFU†	*
Bifidobacterium lactis UABla-12™†††	4.167 Billion CFU†	*
Lactobacillus plantarum PPLP-217®†††	4.167 Billion CFU†	*
Lactobacillus acidophilus UALa-01™†††	4.167 Billion CFU†	*
Lactobacillus gasseri UALg-05™†††	4.167 Billion CFU†	*
Bacillus coagulans UABc-20™†††	4.167 Billion CFU†	*

Other Ingredients: Hypromellose, vegetable magnesium stearate, silica.

† At time of manufacture.
†† Lynside® is a registered trademark of Gnosis S.p.A.
††† These are trademarks of Chr. Hansen.

Directions: Take one capsule daily or as directed by your healthcare practitioner.

***Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.*

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PRODUCED IN A cGMP FACILITY

NON-GMO


GLUTEN-FREE


DAIRY-FREE


VEGETARIAN

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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