



DYNAMIC

# CARDIO FLOW

Nutritional Support for Heart, Vascular,  
and Endothelial Function\*

BERRY

## Dynamic Cardio Flow Supplementation

Dynamic Cardio Flow provides nutritional support for healthy endothelial function.\* The vitamins, essential minerals, phytochemical compounds, polyphenols, amino acids, flavonoids, and polysaccharides in Dynamic Cardio Flow provide antioxidant and healthy immune properties to promote heart, vascular, and endothelial health.\*

Key benefits of Dynamic Cardio Flow include:

- Promotes endothelial health\*
- Promotes cardiovascular health\*
- Promotes vascular health\*

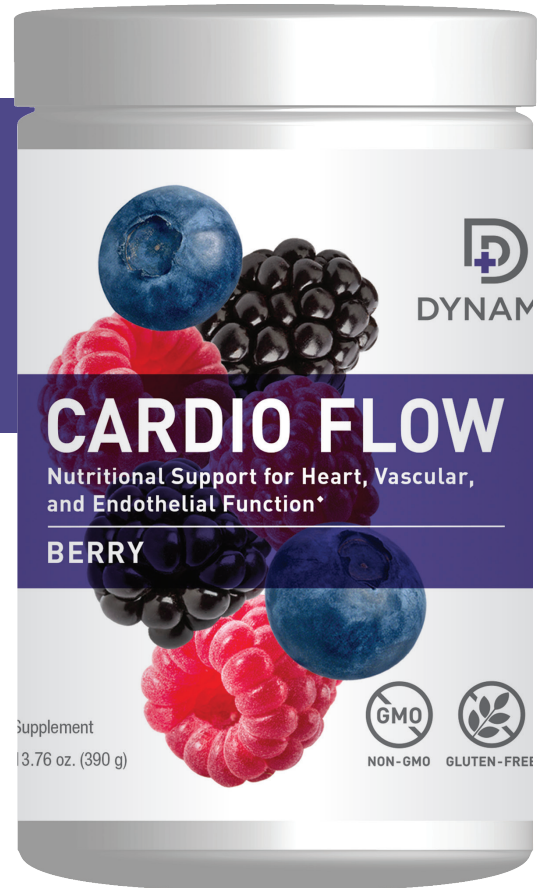
## How Dynamic Cardio Flow Works

Endothelial dysfunction is identified by reduced vasodilation and thrombosis.<sup>1</sup> Through the process of releasing nitric oxide, the endothelium relaxes the vascular smooth muscle cells in vessel walls.<sup>2</sup> Endothelial dysfunction results in inactivation of nitric oxide and loss of vascular tone.<sup>3,4</sup> Research reveals that endothelial dysfunction may impact cardiovascular risk.<sup>3</sup>

Dynamic Cardio Flow includes L-arginine and beetroot powder in the formula for their potential impact on vasodilation and nitric oxide bioconversion.<sup>5,6</sup> Clinical studies have shown beetroot's promising ability to increase in vivo nitric oxide as it relates to healthy heart, vascular, and endothelial function.\*<sup>7</sup>

The inactivation of nitric oxide may also affect oxidative stress further altering the function of the endothelium.<sup>4</sup> Oxidative stress and the resulting inflammation may induce vascular and cardiovascular issues.<sup>8</sup> Hibiscus flower powder and taurine are included in Dynamic Cardio Flow for their endothelial and vascular effects by promoting healthy vascular redox homeostasis and nitric oxide bioavailability.\*<sup>9,10,11</sup>

The proprietary Quatrefolic® formula is included in Dynamic Cardio Flow to help support homocysteine levels critical for healthy endothelial, vascular, and cardiovascular function.\*<sup>12,13,14</sup> Clinical studies reveal that folic acid supplementation may play a role in nitric oxide bioavailability and healthy oxidative stress response.\*<sup>12,13,14</sup>



For more information, visit: [www.nutridyn.com](http://www.nutridyn.com)

The Dynamic Cardio Flow formula is rounded out with a comprehensive combination of vitamins and essential minerals to support overall health. Research shows that calcium, iron, magnesium, and sodium may support healthy endothelial, vascular, and cardiovascular function.<sup>15,16</sup>

## Why Use Dynamic Cardio Flow?

Dynamic Cardio Flow is the ideal nutritional supplement for individuals looking for a comprehensive formula to promote healthy heart, vascular, and endothelial function. The formula is a rich source of antioxidants, vitamins, minerals, phytochemicals, polyphenols, amino acids, flavonoids, and polysaccharides with a host of health benefits.

### References:

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# Supplement Facts

Serving Size: About 1 Scoop

Servings Per Container: About 30

| Ingredients:   | Amount      | %DV* |
|--|-------------|------|
| Calories   | 15          |      |
| Total Carbohydrate   | 4 g         | 1%*  |
| Dietary Fiber  | <1 g        | 3%*  |
| Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) (Quatrefolic®) | 400 mcg DFE | 100% |
| Calcium  | 55 mg       | 4%   |
| Iron   | 1.3 mg      | 7%   |
| Magnesium (as magnesium citrate)   | 200 mg      | 48%  |
| Sodium   | 45 mg       | 2%   |
| L-Arginine   | 3 g         | **   |
| Beet Root Powder   | 2 g         | **   |
| Hibiscus Flower Powder   | 1.5 g       | **   |
| Taurine  | 1 g         | **   |

**Other Ingredients:** Citric Acid, Silicon Dioxide, Calcium Silicate, Natural Flavors, Inulin, Stevia Leaf Extract, Luo Han Guo Fruit (Monk Fruit) Extract.

Quatrefolic® is a registered trademark of Gnosis SpA. Patent No. 7,947,662.

**Directions:** Mix 1 scoop in 8 ounces of water as a dietary supplement, or as directed by your healthcare practitioner.

**Caution:** If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. If you have had a heart attack, consult your physician before use. Keep out of reach of children.



NON-GMO



GLUTEN-FREE



DAIRY-FREE



PRODUCED IN A  
cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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