

Immune Support

Micronutrient Support for a Healthy Immune System♦

Immune Support combines Eastern and Western ingredients to support the body's natural defense systems by enhancing immunity.♦ Vitamins, trace elements, and bioactive compounds provide the micronutrients and beta-glucans essential to support healthy immune function.♦^{1,2}

How Immune Support Works

Immune Support combines vitamins C, D, and niacin with trace elements zinc and selenium to create a product with potent immune support.^{3,4} To further support healthy immune function, a proprietary blend of various extracts of mushrooms traditionally found in Eastern medicine has been included in Immune Support.♦⁵

The micronutrients in Immune Support help to support the body from free radicals and enhance cellular immunity.♦¹ Vitamin C and zinc work together to support from free radical insult. Cellular immunity is supported by the combination of vitamin D, niacin, zinc, and selenium.♦¹

While mushrooms have been used in Eastern medicine for centuries to support immunity, recent clinical studies reveal their bioactive potential and health-promoting properties.♦⁶ Specifically, the beta-glucans bound to amino acids are bioactive molecules that support immune function.♦^{7,8} Research further shows that mushrooms provide exceptional nutritional efficacy in supporting a healthy immune system.♦⁹

Immune Support Supplementation

Clinical evidence shows that supplementing with vitamins C, D, and niacin as well as trace elements zinc and selenium may support immune functioning.♦¹ Centuries of using mushrooms for their beneficial properties and modern clinical evidence reveal their potent ability to support a healthy immune system.♦⁵

The research cited herein shows that supplementation with Immune Support may help:

- Support overall immunity♦
- Support the body from oxidative stress and free radical insult♦
- Provide micronutrients and bioactive compounds essential for healthy immune function♦



Form: 90 Tablets

Serving Size: 1 Tablet

Ingredients	Amount	%DV
Vitamin C (ascorbic acid and as niacinamide ascorbate, sodium ascorbate, calcium ascorbate, magnesium ascorbate and potassium ascorbate)	333 mg	370%
Vitamin D3 (cholecalciferol)	8.33 mcg (333 IU)	42%
Niacin (as niacinamide ascorbate)	26 mg NE	163%
Zinc (as zinc citrate)	5 mg	45%
Selenium (as l-selenomethionine)	67 mcg	122%
Mixed Mushroom Blend: Reishi (fruiting body; <i>Ganoderma lucidum</i>), Shiitake Mushroom (fruiting body; <i>Lentinus edodes</i>), Fu-Ling Mushroom (sclerotium; <i>Poria cocos</i>), Turkey Tail Mushroom (fruiting body; <i>Coriolus versicolor</i>), Oyster Mushroom (fruiting body; <i>Pleurotus ostreatus</i>), <i>Cordyceps sinensis</i> (mycelium), Maitake Mushroom (fruiting body; <i>Grifola frondosa</i>)	217 mg	*
Olive Leaf Extract (leaf; <i>Olea europaea</i>) (75% oleanolic acid)	60 mg	*

Other Ingredients:

Microcrystalline cellulose, tapioca starch, croscarmellose sodium, stearic acid, dicalcium phosphate, hydroxypropyl methylcellulose, vegetable magnesium stearate, silica, glycine.

Directions:

Take one tablet daily or as directed by your healthcare practitioner.

Caution: If taking medication, including anticoagulants or antihypertensive medications, consult your healthcare practitioner before use. Do not exceed recommended dosage or take for more than three consecutive months. Keep out of the reach of children.



GLUTEN-FREE



DAIRY-FREE



NON-GMO



PRODUCED IN A cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References:

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7. Rathora, H., Prasad, S., & Sharma, S. (2017). Mushroom nutraceuticals for improved nutrition and better human health: A review. *PharmaNutrition*, 5(2), 35-46.
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