

TONICSEA

Liposomal Sleep

Losing Sleep Is Not Something to Be Taken Lightly.

Does this sound like you? You work hard, you hurry through the day to finish everything you need to do. But when it comes time for bed, you are unable to turn your brain off, you struggle to fall asleep, and you can't stop worrying about all your responsibilities. Or perhaps you fall asleep, but wake up in the night restless, unable to return to a restful sleep. You're not alone, approximately 63% of adult Americans struggle with occasional sleeplessness.

Poor sleep patterns increase stress, decrease vitality and energy levels as well as reduce productivity throughout the day.

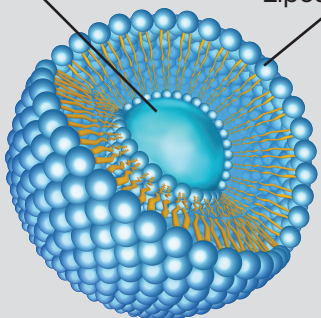
Get That Restful Sleep You've Been Dreaming Of.

Liposomal Sleep by TonicSea is a liposomal formula that promotes a restful, relaxed state and relief from occasional sleeplessness by supporting healthy melatonin function and promoting relaxation.* Supplementing with Liposomal Sleep is recommended to support the time it takes you to fall asleep and to support healthy sleep-wake cycles.* With a healthy, rejuvenating night's sleep you can wake up renewed, well rested and ready to tackle another day.



Key Nutrients

Liposomes



What Is Liposomal Technology?

Liposomes are double-layered spheres or “bubbles” that contain nutrients that are able to withstand harsh digestive elements intact to deliver targeted nutrients to precise areas of the body. The efficient delivery method used by liposomal products allows dosages to be significantly reduced compared to traditional dosages while still maintaining effectiveness.

TonicSea liposomal supplements use phospholipids from sunflower lecithin, making the products soy-free and non-GMO. Glycerin (a natural product of fat metabolism) is also used to extend stability and shelf life of the liposomes.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

How to Use:

Shake well. Take 1-2 full droppers orally before bedtime or as directed by your healthcare practitioner.



30 Servings

Supplement Facts

Serving Size: 2 Full Droppers (Approx. 2 mL)
Servings Per Container: 30

	Amount Per Serving	%DV*
Riboflavin (Vitamin B2)	1 mg	77%
Vitamin B6 (as Pyridoxal-5-Phosphate)	1 mg	59%
Sleep Blend	70 mg	**
GABA (Gamma-aminobutyric Acid)	45 mg	
N-Acetyl-L-Cysteine	20 mg	
Melatonin Powder	5 mg	
Liposome Blend	50 mg	**
Phosphatidylcholine (Sunflower lecithin)	40 mg	
Palmitic Acid	5 mg	
Oleic Acid Complex	5 mg	

* Percent Daily Values (DV) Based on a 2,000 calorie diet.
** Daily Value not established

Other Ingredients: Filtered Water, Glycerin, Natural Orange Flavor, Olive Oil, Stevia Leaf Extract, and Potassium Sorbate

Distributed by:
TonicSea
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gluten free



dairy free



vegetarian



non-gmo

cGMP

All TonicSea formulas
meet or exceed
cGMP quality standards



Features & Benefits

Supports proper sleep cycles and circadian rhythms*

Supports relaxation and calmness*

Supports immune function*

May support insomnia and jet lag*

Supports healthy growth hormone production*

The TonicSea Difference

In addition to proper diet and exercise, getting enough sleep is an integral part of staying healthy. Liposomal Sleep by TonicSea combines a specialized blend of ingredients with liposomal technology to help the body support and promote natural sleep cycles.*

Key Ingredients

Melatonin: A hormone secreted by the pineal gland in the brain that is used by the body to help regulate its internal body clock and promote sleep.*

GABA (Gamma-aminobutyric acid) and NAC (N-acetylcysteine):

To support healthy nerve activity in the brain, allowing it to slowly relax, supporting a healthy sleep cycle.* NAC also encourages natural production of glutathione, a powerful antioxidant, in the body.*

Vitamins B2 & B6: Included to support healthy brain and melatonin function.*

Warning: Keep out of reach of children. Consult your healthcare practitioner prior to use if you are pregnant, nursing, taking medication or have any health concerns.

Storage: Keep in a cool, dry place.

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