

## Calcium D-Glucarate Plus

# Support for Healthy Hormone Balance

Calcium D-Glucarate Plus is a premium nutritional supplement to support healthy estrogen metabolism and hormonal balance.

Estrogens are the principal female sex hormones responsible for growth and maturation of reproductive tissues. These hormones are also present in healthy males at lower concentrations. Three major estrogens are produced naturally in the body, including estradiol, estrone and estriol.

Problems arise in both males and females when estrogen (particularly estradiol) levels are too high or too low. Symptoms of irregular estrogen levels include low sex drive, weakened immune function, irritability, fatigue, weight gain, and many others.

Read on to learn more about how Calcium D-Glucarate Plus works to support healthy hormonal balance.\*

## **How Calcium D-Glucarate Works**

Physiologically, estradiol has the strongest estrogenic effects in the human body; it is slightly more potent than estrone and significantly more potent than estriol. Animal studies have demonstrated that calcium d-glucarate lowers estradiol levels by upwards of 25%.

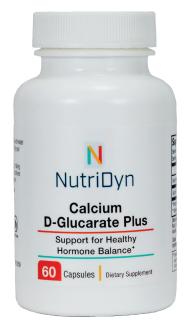
Research contends that calcium D-glucarate supplementation serves as an efficacious slow-release source of glucuronolactone, which appears to inhibit the actions of the enzyme beta-glucuronidase. Beta-glucuronidase is produced by bacteria in the colon of humans and is responsible for the breakdown of certain carbohydrates. However, excessive activity of this enzyme has been shown to decrease the rate at which estrogens are removed from the body.

Therefore, inhibiting the activity of beta-glucuronidase (as seen when supplementing with calcium D-glucarate) may help promote healthy levels of estradiol and estrogen precursors in the body by supporting the rate at which they're metabolized.

## **Calcium D-Glucarate Plus Supplementation**

In summary, research suggests Calcium D-Glucarate works to support:

- Healthy estrogen metabolism<sup>\*</sup>
- Healthy hormonal balance\*
- Proper conversion of androgen to estrogen\*
- Mood and well-being\*
- Energy levels\*



Form: 60 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Calcium (as calcium D-glucarate)	72 mg	7%
Calcium D-Glucarate	600 mg	**

### Other Ingredients:

Vegetable capsule, rice flour, magnesium stearate (vegetable source), and silicon dioxide.

Capsules are composed of plant derived ingredients.

#### **Directions:**

Take one capsule daily with water as a dietary supplement, or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.







SLUTEN-FREE DAIRY-FRE



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.