



Red Yeast Rice

Support for Healthy Blood Lipids
and Cardiovascular Health*

NutriDyn Red Yeast Rice contains a potent strain of red yeast rice extract called *Monascus purpureus* that supports cardiovascular function and healthy blood lipids.* When blood lipids are chronically elevated, risk of cardiovascular complications increases significantly. Clinical trials suggest that *Monascus purpureus* is an effective supplement for positively supporting blood lipid balance and cardiovascular health.*

In traditional Chinese medicine, red yeast rice is used to promote healthy blood lipids, circulation, and digestive function.* NutriDyn Red Yeast Rice harnesses the power of *Monascus purpureus* seeds, which contain a variety of therapeutic compounds.

Read on to learn more about *Monascus purpureus* and how it works in the body to support overall cardiovascular health.*

How Red Yeast Rice Works

A large body of evidence suggests *Monascus purpureus* produces a number of chemicals in the body which act to promote healthy blood lipid levels.* Furthermore, red yeast rice appears to have antioxidant roles in the body, which can support cardiovascular function.*

Red Yeast Rice Supplementation

Given the potency of *Monascus purpureus* found in NutriDyn Red Yeast Rice for supporting overall cardiovascular health, supplementation may benefit users in a variety of ways.* The most relevant research-backed benefits derived from supplementation with Red Yeast Rice include:

- Supports cardiovascular function*
- Supports healthy blood lipid profiles*
- Provides antioxidant support in the body*



Form: 120 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Red Yeast Rice [<i>Monascus purpureus</i> (seeds)]	600 mg	*

Ingredients:

Gelatin (capsule), microcrystalline cellulose, magnesium stearate (vegetable source).

Directions:

Take one capsule before each meal as a dietary supplement, or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Warning: Do not use if you are taking prescription statin drugs.



GLUTEN-FREE



DAIRY-FREE



NON-GMO



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com