

# **EYE PRO**

## **Health Benefits**

- Support healthy eye function\*
- Support cellular integrity in the eye\*

## What is EYE PRO?

Eye Pro is an all-natural supplement comprised of ingredients that are clinically-proven to support healthy eye function. 

1\* In 2006, a second Age-Related Eye Disease Study (AREDS) reported that a nutritional supplement called the AREDS2 formulation can reduce the risk of developing advanced age-related macular degeneration (AMD). Eye Pro contains ingredients found in the AREDS2 formula in equal or greater quantities, making it a comprehensive supplement for eye health.

Supplement F		
Serving Size: 2 Capsules Servings Per Container: 30		
Amount Per Serving		%DV*
Vitamin A (as Palmitate)	7500 IU	150%
Vitamin C (as Ascorbic acid)	500 mg	833%
Vitamin E (as d-alpha tocopherol succinate)	400 IU	1333%
Zinc (as Citrate)	80 mg	533%
Copper (as Aspartate)	2 mg	100%
Black Currant Extract 4:1	180 mg	t
Bilberry Herb	40 mg	t
Taurine	400 mg	t
Lutein (10%)	20 mg	†
Zeaxanthin	2 mg	t
†Daily Value not established. *Based on a 2,000 calorie diet.		

Other Ingredients: Cellulose (Vegetable capsule)
No soy, wheat, milk, egg, starch, fish, shellfish, tree nuts, peanuts, artificial colors or preservatives.

## **How Eye Pro Works**

AMD involves either a breakdown of cells in the retina, or the growth of abnormal blood vessels under the retina. Eye Pro contains a spectrum of select nutrients that have been shown in research to support eye health and reduce the risk of age-related eye disease, such as AMD.\*

## These nutrients and their eye-related functions include:

#### • Vitamins A, C, and E

These three vitamins are concentrated in the retina and are required for the detection of light and its conversion into electrical signals.

### Zinc and Copper

These two essential minerals are found in the macula (a part of the retina) and help conversion of Vitamin A into melanin, a pigment that protects the eye.

#### Lutein and Zeaxanthin

Two special carotenoids that help prevent oxidative damage from high-energy ultraviolet light that reaches the retina and lens.

#### Taurine

Taurine is an amino acid found in the retina and protects against damage from ultraviolet light and toxic substances.

## Bilberry Herb and Black Currant Extract (4:1)

Bilberry Herb and Black Currant Extract contain a large amount of anthocyanidin, an antioxidant that appears to reduce inflammation in the retina, thereby lowering risk of glaucoma.\*

# What is (and isn't) in Eye Pro

Eye Pro is a vegan-friendly product produced in a cGMP facility. Eye Pro is also free of wheat/gluten, starch, soy, tree nuts, artificial colors and preservatives and contains no GMOs.

# **Eye Pro Dosing Recommendations**

Eye Pro contains ingredients in the AREDS2 formula in equal or greater amounts, per serving. It is recommended to take two capsules, twice daily with food, or as directed by your healthcare practitioner.

## References

- Lim, L. S., Mitchell, P., Seddon, J. M., Holz, F. G., & Wong, T. Y. (2012). Age-related macular degeneration. The Lancet, 379(9827), 1728-1738.
- Emily, Y., Chew, M. D., Clemons, T. E., Milton, R. C., & Sperduto, R. D. (2007). The relationship of dietary carotenoid and vitamin A, E, and C intake with age-related macular degeneration in a case-control study. Arch Ophthalmol, 125(9), 1225-1232.



<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or cure any disease or medical condition.