



BERBERINE PRO

What is BERBERINE PRO?

Berberine Pro is a premium formula made with biologically active forms of berberine and cinnamon for supporting healthy blood sugar, blood lipid levels, antioxidant activity, and energy production from carbohydrates.* With insulin resistance, type-2 diabetes, and neuropathy rates increasing dramatically over the past decade, blood sugar and blood lipid balance have become a priority for many individuals.

Read on to learn more about how Berberine Pro works to support carbohydrate utilization and the cardiovascular system.*

How BERBERINE PRO works

Berberine is a plant-derived compound with a variety of beneficial properties. Research suggests that berberine has intrinsic blood sugar regulating properties, particularly by supporting healthy blood sugar and glucose transport protein (GLUT) function.* As such, supplementing with Berberine Pro can support carbohydrate utilization and blood sugar balance.*

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

	Amount Per Serving	%DV*
Berberine HCl	500 mg	**
Cinnamon (Ceylon)	333 mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Cellulose (Vegetable Capsule).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Moreover, berberine appears to have selectivity towards muscle cells as opposed to fat cells when clearing nutrients from the blood.* Muscle tissue serves as a favorable location for carbohydrate storage in the body since it is more likely to be used for energy rather than being stored as adipose tissue (body fat).*

Berberine is also shown to be useful for supporting healthy cardiovascular function, blood lipid profiles, gastrointestinal integrity, appetite, as well as support healthy nerve cell function.* It appears that berberine relaxes blood vessels and supports healthy blood flow.*

Berberine Pro also contains the most biologically active form of cinnamon (ceylon cinnamon) which has been researched heavily in recent years. Findings suggest that ceylon cinnamon is a potent antioxidant and when taken prior to consuming a carbohydrate-based meal may support healthy blood glucose levels by inhibiting activity of the enzymes alpha-amylase and alpha-glucosidase.* These enzymes are involved in carbohydrate digestion; thus when they are inhibited, carbohydrate digestion is slowed or reduced, which supports healthy post-meal blood sugar values.*

Further findings note that ceylon cinnamon supports cardiovascular function and healthy blood lipid profiles.*

Berberine Supplementation

Given the physiological properties of both berberine and ceylon cinnamon, supplementation with Berberine Pro aids users in a multitude of ways.* These evidence-based benefits may include:

- Support healthy blood sugar balance*
- Promote antioxidant activity in the body*
- Support gastrointestinal integrity*
- Support healthy inflammatory response*
- Support healthy blood lipid levels*
- Support healthy cardiovascular function*
- Support healthy appetite regulation*

BERBERINE PRO Dosing Recommendations

Adults take one capsule three times daily as a dietary supplement, prior to a meal, or as directed by your healthcare practitioner.

Note: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

The TonicSea Quality Difference

This product is produced in a cGMP facility. It is also free of wheat/gluten, soy, shellfish, dairy, egg, tree nuts, artificial colors/preservatives, and GMOs.



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