



USNEA LICHEN

What is USNEA LICHEN?

TonicSea Usnea Lichen is an all-natural urinary health support tincture containing organic usnea lichen.* Usnea, also known as *Usnea barbata*, *Usnea longissima*, or old man's beard, is a lichen – a symbiotic relationship between algae and fungus.

Usnea has been used since 1600 B.C. by Chinese, Greek, and Egyptian healers as a purported healing, anti-inflammatory and analgesic herb. The outer portion of the plant, also called the cortex, is said to contain healing compounds whereas the inner portion (the thallus) holds immune-supporting substances.*

Healthy urinary tract function is imperative for adults, especially as age increases and issues become more common. TonicSea Usnea Lichen is a great way to help you supplement with the powerful substances found in usnea lichen and support immune function and organs involved in urinary health.*

How USNEA LICHEN Works

The urinary tract relies heavily upon the liver, kidneys, and bladder for proper removal of potential toxins from the body. Usnea lichen is used to promote excretion within the kidneys and the urinary tract, which supports a healthy immune response in the respiratory tract and mucous membranes, and healthy functions of the urinary system.*

It appears that usnic acid is largely responsible for usnea lichen benefits. Usnic acid possesses a wide range of interesting biological properties. It also exhibits anti-inflammatory and analgesic activity.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Usnea lichen also contains barbatinic acid, beta-sitosterol, and oleanic acid, which can support microbial balance in the gastrointestinal and urinary tracts.*

USNEA LICHEN Supplementation

Research cited herein suggests that usnea lichen naturally supports urinary and immune health thanks to its array of beneficial phytochemicals.* The most pertinent research-supported benefits of supplementation with TonicSea Usnea Lichen include:

- Supports healthy urinary tract function*
- Promotes immune function*
- All-natural tincture made with organic cane alcohol
- Comes in liquid form for easy on-the-go use

USNEA LICHEN Dosing Recommendations

Supplement Facts

Serving Size: 0.8 mL (20 Drops)

Servings Per Container: Approx. 75

Amount Per Serving %DV**		
Usnea Lichen (1:5 Herb)	160 mg	**

** Daily Value (DV) not established

Other Ingredients: Distilled Water, Organic Cane Alcohol 55%.

This product is GLUTEN FREE, VEGETARIAN and NON GMO.

Adults: Take 20 drops (0.8 mL) per day, on an empty stomach. This product can be added to other liquids and consumed as a beverage.

Note: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

The TonicSea Quality Difference

This product is non-GMO, vegetarian-friendly and manufactured in a cGMP facility. TonicSea Usnea Lichen is made with organic cane alcohol, making it an all-natural formula. It is also free of wheat/gluten, soy, dairy, shellfish, egg, tree nuts, and artificial colors.



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