



GSE PRO

What is GSE PRO?

TonicSea GSE PRO is an advanced nutritional supplement containing evidence-based, high-potency grapefruit seed extract to support immune function and a healthy gastrointestinal tract.* Read on to learn more about how GSE PRO works in the body, as well as how to use it, and what makes TonicSea products superior to the competition.

How GSE PRO Works

Grapefruit seed extract (GSE) is a widely researched extract derived from *Citrus x paradisi*, a bitter citrus. GSE has been demonstrated in clinical research to support healthy immune function and a healthy gastrointestinal (GI) tract by providing potent antioxidants and a unique profile of flavonoids and glycosides, notably hesperidin, naringin, and naringenin.*

The compounds in GSE have been studied thoroughly in recent decades, with findings showing hesperidin helps balance and nourish the gastrointestinal tract and gut microbiome in humans.* Other research shows that compounds in GSE have beneficial properties such as:

- Antioxidant support*
- Promotes healthy blood lipid profile*
- Supports healthy immune function*
- Supports healthy adiponectin levels*
- Supports blood-sugar already in the healthy range*

GSE PRO Supplementation

TonicSea GSE PRO contains highly potent grapefruit seed extract that is standardized to contain at least 50% flavonoids—a subclass of polyphenols that have a wide range of biological activity in humans.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The most notable flavonoids in GSE PRO are naringin, naringenin, and hesperidin.

Given the importance of healthy immune function and GI balance for supporting overall health and wellness, supplementing with GSE PRO can benefit users in a variety of ways.* The most relevant research-backed benefits of supplementing with GSE PRO include:

- Bioavailable ingredients for maximal absorption*
- Supports healthy immune function*
- Provides high antioxidant capacity*
- Supports healthy gut microbiome balance and GI integrity*

GSE PRO Dosing Recommendations

Supplement Facts		
Serving Size: 1 Capsule		
Servings Per Container: 120		
	Amount Per Serving	%DV[†]
Vitamin C (as Ascorbic Acid)	10 mg	17%
Grapefruit (Citrus x paradisi) extract (seed) (Standardized to contain 50% flavonoids)	250 mg	†

†Daily Value (DV) has not been established.

Other Ingredients: Hypromellose (Vegetable Capsule), Rice Flour and Magnesium Stearate.

This product is GLUTEN FREE, NON GMO and VEGETARIAN.

As a dietary supplement, take 1 or more capsules daily, or as directed by your healthcare practitioner.

Note: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use.

Keep out of reach of children.

The TonicSea Quality Difference

This product is non-GMO, gluten free, vegetarian-friendly, and made in a cGMP facility. It is also free of soy, dairy, shellfish, egg, tree nuts, and artificial colors.



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