

TONICSEA

Melatonin 20

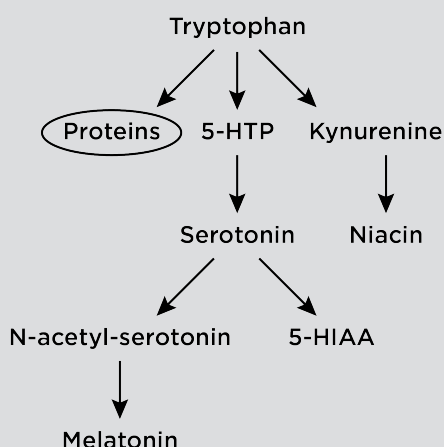
Poor Sleep Quality is More Harmful Than You Think

Does this sound like you? You wake up every morning and work as hard as you can to get everything finished by the end of the day. But when it's time for sleep, you find it extremely difficult to shut down and allow your brain and body to rest. Your mind won't power down so you toss and turn in bed for hours. Or perhaps you fall asleep, but wake up in the middle of the night, unable to achieve deep, restful sleep. You're not alone. Since 1985, the percentage of adults getting less than six hours of sleep each night has increased by 31%.

Poor sleep quality increases stress, weakens the immune system, lowers sex drive, and diminishes mental and physical energy.

Discover the Revitalizing Effects of Deep, Restful Sleep*

Melatonin 20 by TonicSea is a high-dose melatonin formula that promotes immune cell activity, scavenging of free radicals, and promotes healthy blood vessels to provide effective cellular support for tissues including the breast, prostate, lung, and colon.* Supplementing with Melatonin 20 is also encouraged to support healthy sleep-wake cycles and achieve restorative rest for optimal body function.* With a better night's sleep, you can wake up rejuvenated and energized, ready to make the most out of your day.*



What is Melatonin?

Melatonin is a hormone secreted by the pineal gland in the brain that is used by the body to promote restful sleep and supports cellular health.* Research shows that high-dose melatonin above 10mg can help support deeper sleep cycles, promotes cellular health, and supports healthy inflammatory functions.*

TonicSea Melatonin 20 does not contain any other ingredients aside from the highest-purity melatonin available and the capsules used are made from hypo-allergenic plant fiber. This makes the product soy-free, easily digestible, and effective.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

How to Use:

Take 1 capsule 30 - 60 minutes before bed or as directed by your healthcare practitioner.



90 Servings



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

	Amount Per Serving	%DV*
Melatonin	20 mg	*

* Daily Value (DV) not established.

Other Ingredients: Cellulose (Vegetable Capsule).

Distributed by:
TonicSea
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sleep support*



immune support*



gluten free



non-GMO



vegetarian

cGMP

All TonicSea formulas meet or exceed cGMP quality standards

Features & Benefits

Supports cellular health*

Supports immune cell activity*

May help maintain healthy angiogenesis balance*

May help with seasonal mood*

May help support healthy growth hormone levels in men*

The TonicSea Difference

In addition to proper diet and regular exercise, achieving deep, restful sleep is a crucial part of staying healthy. Melatonin 20 contains a potent dose of the highest-purity melatonin available without any other unnecessary ingredients to help the body support and promote cellular health and natural sleep cycles.*

Key Ingredients

Melatonin: A hormone secreted by the pineal gland in the brain that is used by the body to help regulate its internal body clock, promote sleep and cellular health.*

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your healthcare practitioner before use. Do not drive or operate machinery when taking melatonin. This product may be contraindicated with autoimmune disease or for individuals taking corticosteroids.

Storage: Keep in a cool, dry place. Keep out of reach of children.

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